

Dudley Carers Hub & Wellbeing Service

Evening! Care for a Cuppa



An evening support session for carers

1st Wednesday of the month 5.30pm – 7.30pm

Join us to meet and socialise with other carers in a warm and friendly environment. There will also be an opportunity to do an activity such as relaxation exercises or a guest speaker if you prefer.

To find out more please call 01384 818723 or email dudleycarershub@dudley.gov.uk

Above session will take place at

Brett Young Carers Hub, Old Hawne Lane, Halesowen, B63 3TB

(There is a possibility of concessionary transport that is accessible and safe to use. Please register your interest if required.)

Sign up for our free newsletter, ebulletins and text message alerts call 01384 818723 or email dudleycarershub@dudley.gov.uk

Supporting people who care

