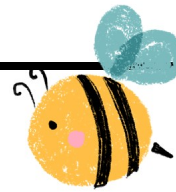


TERMS OF USE



This resource is **copyright ©ELSA Support**

All free products on this site are subject to a **Creative Commons copyright licence**. You are free to copy, distribute, display, and perform the work under the following conditions:

Attribution: You must give the original author credit (**That is ©ELSA Support**)

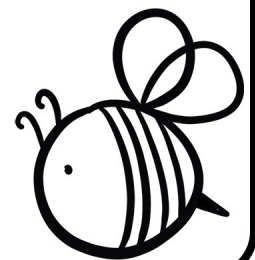
Non-Commercial: You may **not** use this work for commercial purposes (**You cannot sell this work or use it for financial gain**)

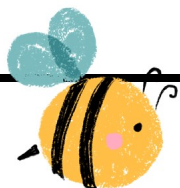
No Derivative Works: You may **not** alter, transform, or build upon this work (**You must not change our work in anyway**)

Thank you for abiding by copyright law.



www.elsa-support.co.uk





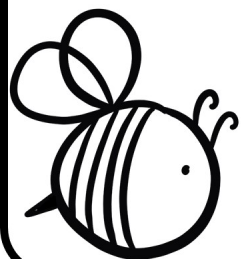
Other resources you will LOVE!



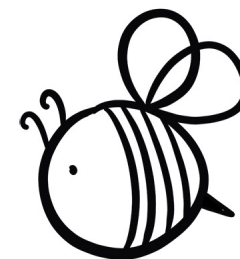
Please click the image to take you to this related and relevant resource:

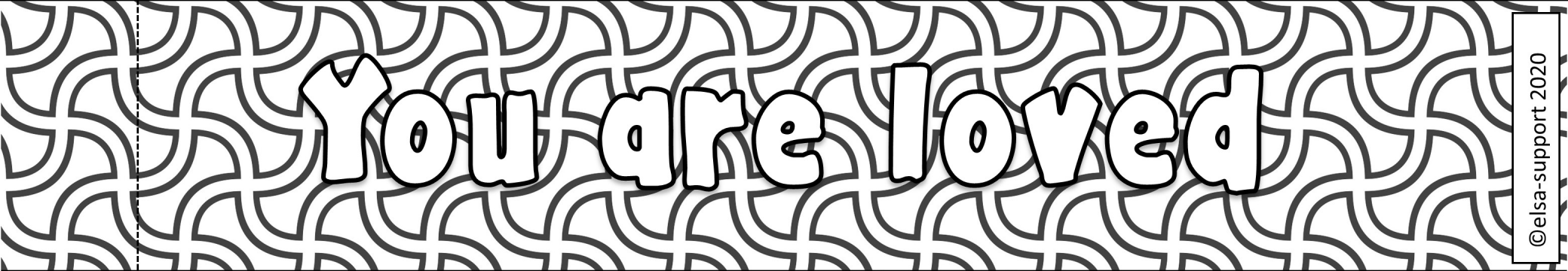
Home Learning Social and Emotional Bundle

- Affirmations Activity Pack
- Reflective Journal
- Self esteem workbook
- Comic strips
- Mindful time colouring sheets
- Mindfulness challenge cards
- Express yourself art doodling
- Mindful Moments Positives journal HS213
- Mindful Moments Positives journal HS1
- Mindful Mandalas
- Good Mental Health workbook



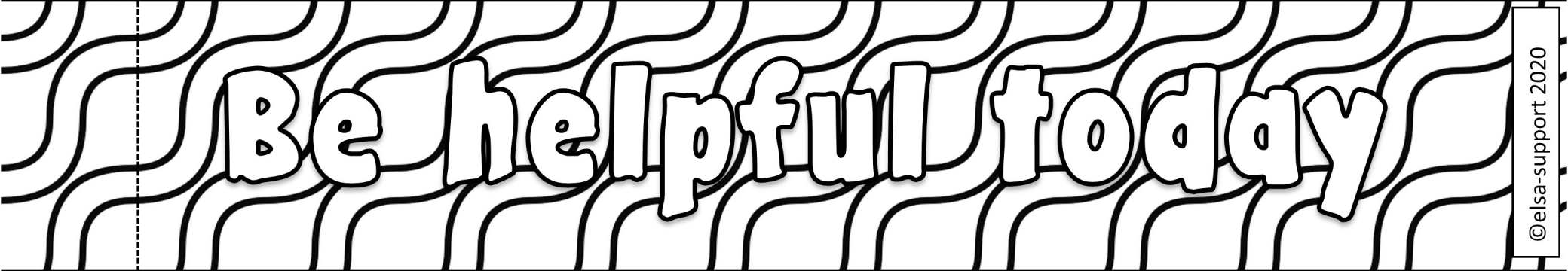
www.elsa-support.co.uk





You are loved

© elsa-support 2020



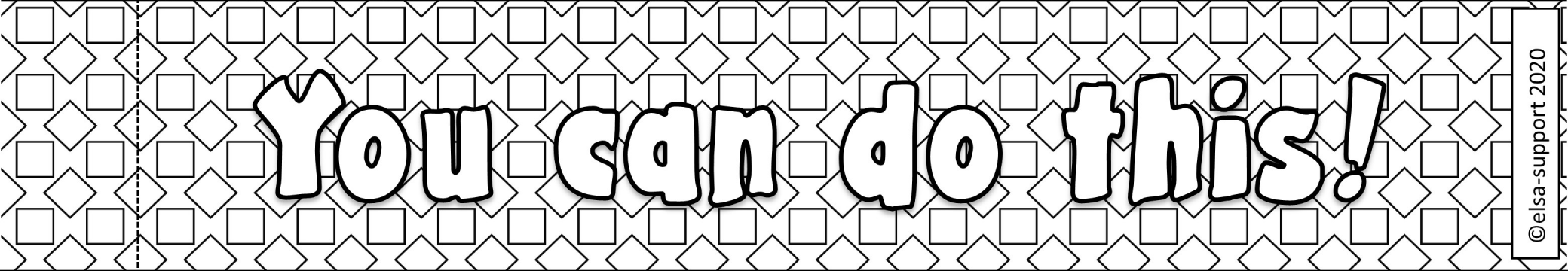
Be helpful today

© elsa-support 2020



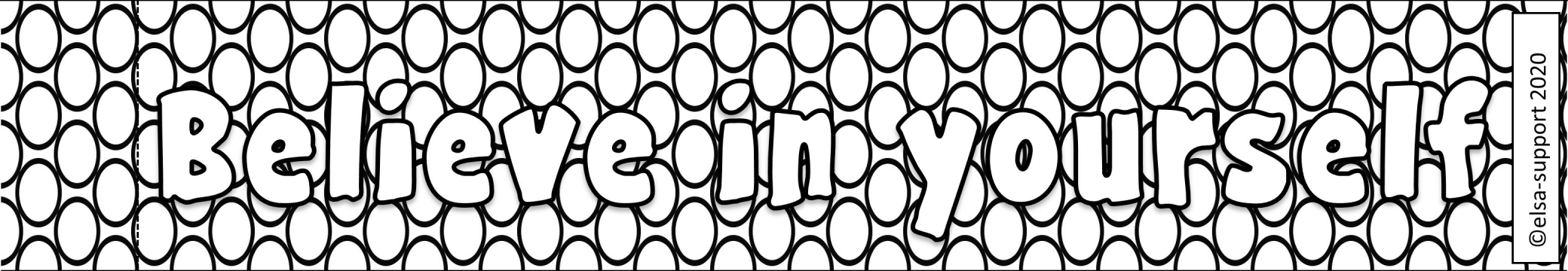
Work together

© elsa-support 2020



You can do this!

© elsa-support 2020



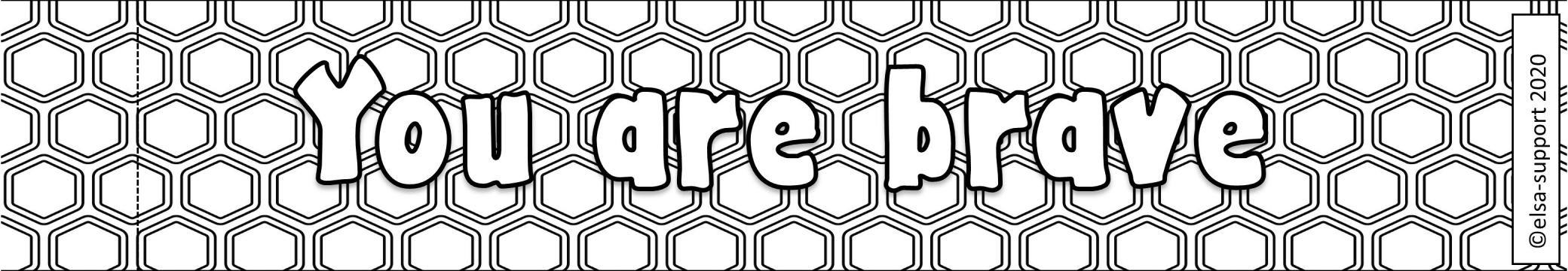
Believe in yourself

© elsa-support 2020




You can handle this

© elsa-support 2020




You are brave

© elsa-support 2020



You are strong

© elsa-support 2020



You make a difference

© elsa-support 2020



Your actions are powerful

© elsa-support 2020



You are kind

© elsa-support 2020



You can ask for help

© elsa-support 2020