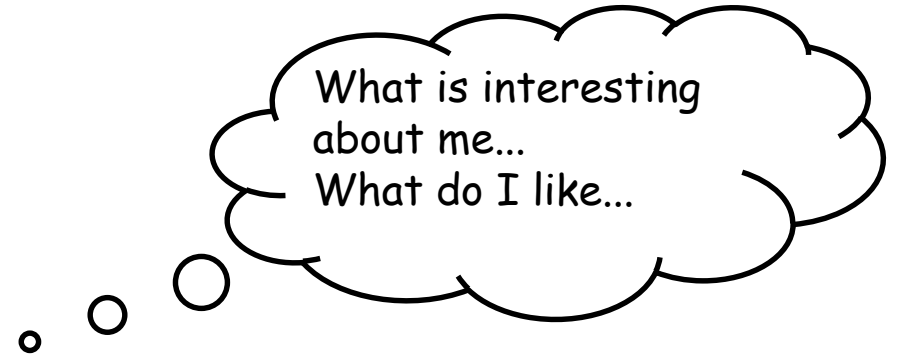
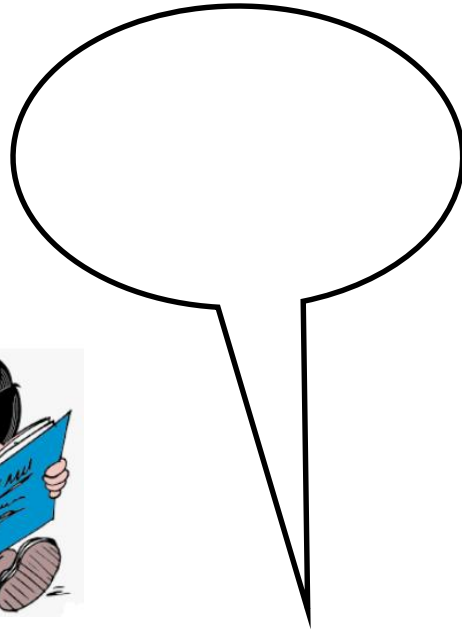
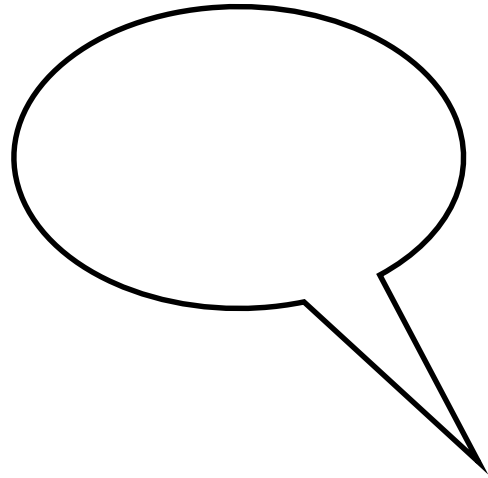


I'm Going Back to School

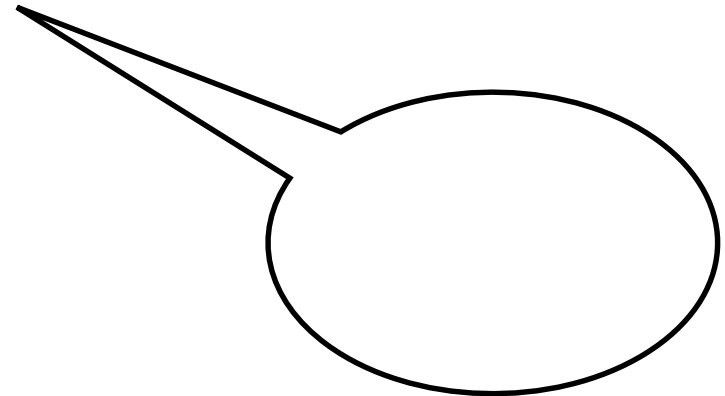
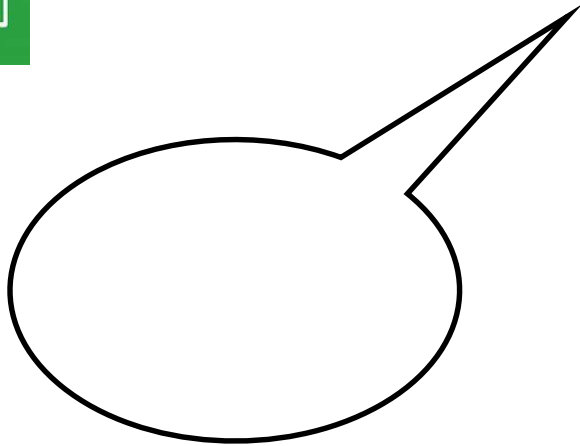
Name:

This booklet is to help me with my transition back to school, now that Coronavirus is no longer a threat. When it is completed, I can share with my parents and school staff the things I am looking forward to and/or worried about.





ROBLOX



Some of the things I have enjoyed whilst being at home include:

➤ ...

➤ ...

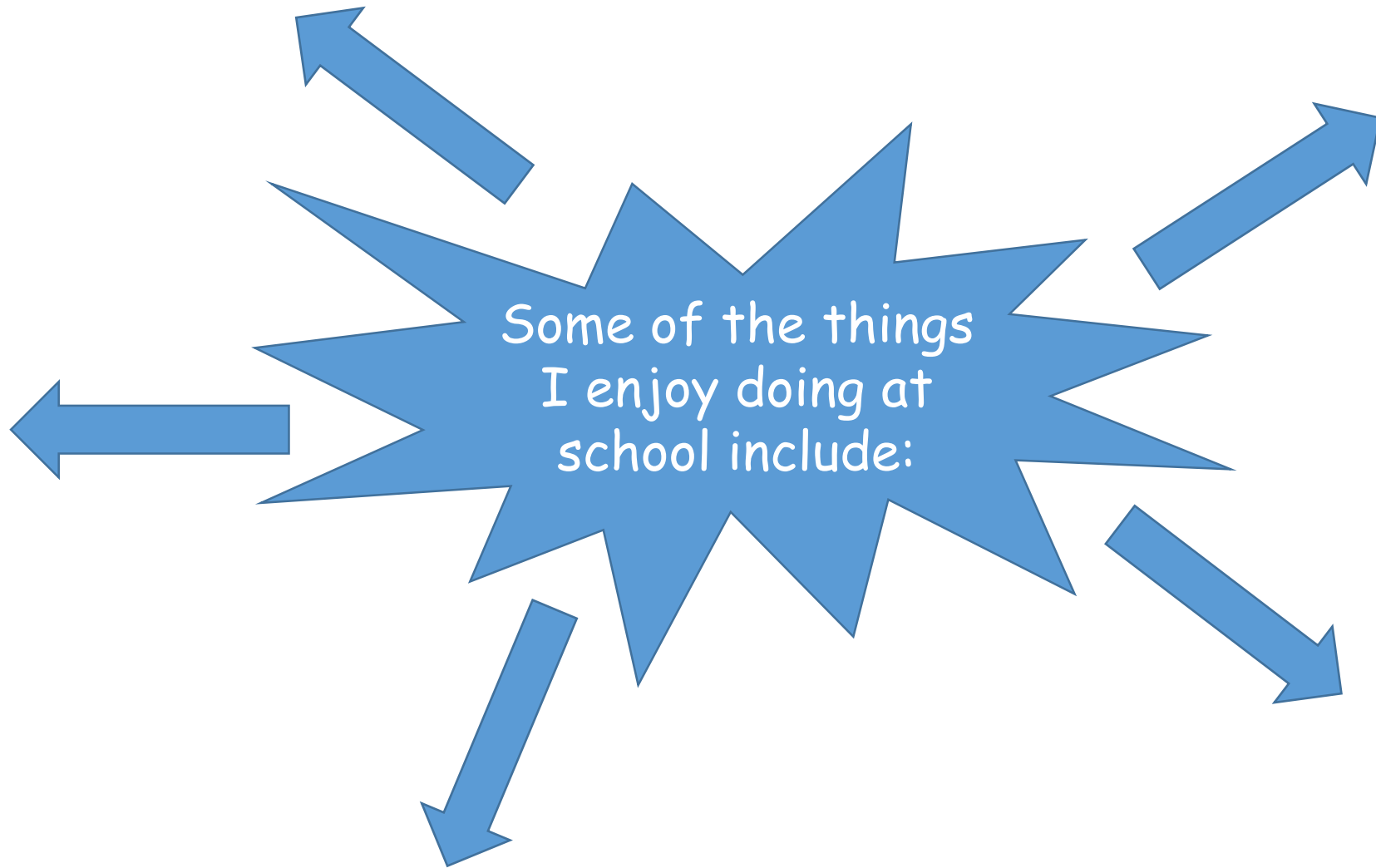
➤ ...

➤ ...

➤ ...



Be
Positive



Some of the worries I have about going back to school include:

➤ ...

➤ ...

➤ ...

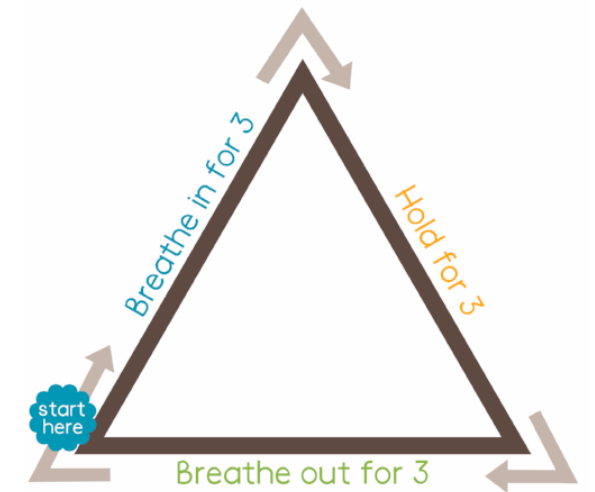
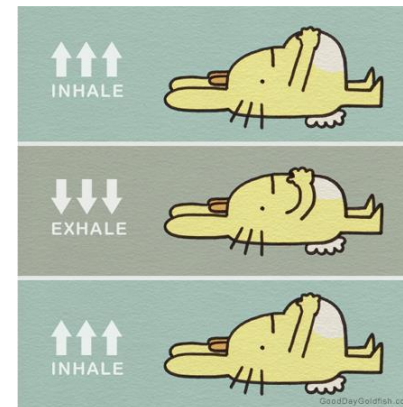
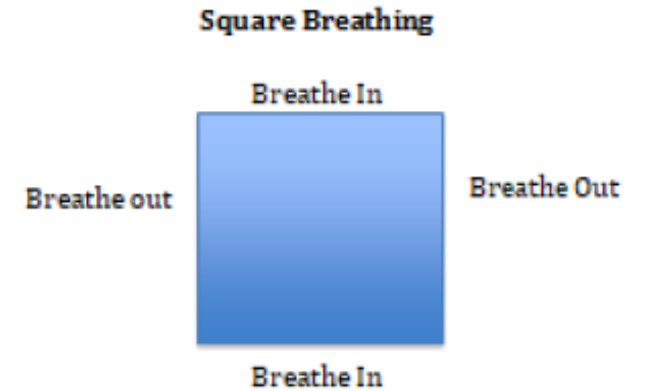
➤ ...

➤ ...



When worried I could try to...

- Talk to a teacher in school or my parents.
- Write down my worries.
- Try some breathing exercises.
- Try to think about how well I have coped with changes before.



When worried I could also try to...

- ...

- ...

- ...

- ...

- ...

Children's Services
Specialist Inclusion Services

Autism Outreach Service
The Mere Education Centre
Lawnswood Road
Wordsley
Stourbridge
DY8 5PQ

Tel: 01384 816974

