



Transition Top Tips for Families

1. Prepare for a return to school through the use of a social story.
2. Speak to school staff about key information e.g. changes to staffing, changes to timetable, changes to the environment. Refer to same / different or who, what, where, when resource to help support this.
3. Use a calendar to visually count down when they will return.
4. If appropriate, some children may find it useful to take a familiar toy / object into school with them.
5. Use positive emotional language in regards to school experiences e.g. do you remember how much you enjoyed your music lessons?
6. Use positive language in regards to the transition back to school e.g. highlight the measures that have been put in place to ensure they are safe.
7. Introduce a reward system to encourage successful transitions.