Transition Top Tips for Schools

1. Prepare for a return to school through the use of a social story.

2. Make children aware of key information e.g. changes to staffing, changes to timetable, changes to the environment. Refer to same / different or who, what, where, when resource to help support this.

3. If appropriate, some children may find it useful to bring in with them a familiar toy / object.

4. Arrange a meet and greet with a familiar adult if possible.

5. If appropriate, provide access to a calming activity on arrival to school.

6. Use visuals to reinforce rules and expectations e.g. social distancing visual / visual timetable.

7. Use positive emotional language in regards to school experiences e.g. do you remember how much you enjoyed your music lessons?

8. Remind and reassure children about the measures put in place to keep everyone safe.

9. Introduce a reward system to encourage successful transitions.

10. Access to a safe space if government guidelines allow.