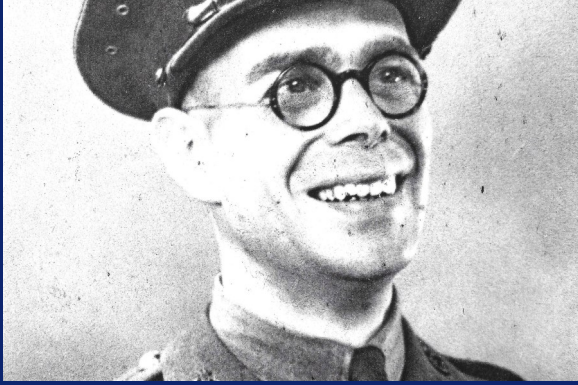


THE ODELL CENTRE



Social, Recreational and Leisure Activities
for Adults with Learning Disabilities and Mental Health issues



Who Are We

Who Are We

The Odell Centre is a Social, Recreational and Leisure Facility for adults with learning disabilities and mental health issues. We offer recreational, leisure and social opportunities where individuals are encouraged to be self-motivated and to make informed choices. External activities are also provided within an atmosphere and environment appropriate for adults with Learning Disabilities and Mental Health issues.

The Odell Centre is run by The Odell Trust, which was established in 1984 in memory of Eric O'Dell, a retired electrical engineer, who felt strongly that there should be a sheltered workshop in the Kidderminster area for people with Learning Disabilities, such as his son.

Since opening, The Odell Centre has grown from offering 18 full time places to having 77 members enrolled in 2017, with up to 40 people attending each day.



Activities

- In Centre
- Out of Centre
- Special Visitors/Trips

Activities

The Odell Centre prides itself on the wide range of activities available to our members and ensure we make every effort to offer activities to appeal to members of all ages, interests and that suit all abilities.

We have 9 Activities Co-ordinators working to ensure that at any time during the day they have different activities going on so members can choose what they would like to participate in. We also like to arrange special events that are tailored around the interests of our members..

Just some of our more popular activities are below

In Centre Activities

Computer/IT Suite

The Odell IT system received a total upgrade in 2017, we now have 5 touch screen computers with height adjustable tables and 4 touch screen tablets for our members to use for recreational purposes.



Gardening

In 2016 our garden had a make-over, we now have a poly tunnel to grow our own flowers and vegetables, raised beds, vegetable plots and also a Pergola with seating and table for outdoor activities.



Woodwork Room

We have a new fully equipped woodwork room where we hold regular sessions for our members to make products that they can take home.



Pamper Sessions

Our Pamper room is run by a member of staff who is a trained hairdresser. The members can enjoy having their hair done, having manicures or pedicures and using the foot spa.



Music

Every Thursday is a music and dancing afternoon. Two 'music men' visit the centre to perform to and with the members.

Staff have also devised a system of using colours to represent the notes in music for Bell Ringing, ensuring that everyone can take part and enjoy.

Friday afternoons we currently having Singing for Wellbeing with the WEA.



Zumba

Wednesday's the centre is buzzing with the Zumba sessions. We have a fabulous instructor who comes and delivers sessions suitable for all abilities.



Other Fitness

We also have other fitness classes throughout the week, which we can change to ensure that members are getting a full range of fitness—these include Tai Chi, Dance for Wellbeing and Country Dancing.



Arts

Our very talented artists also create wonderful art display boards throughout the centre.



Crafts

Various craft sessions run every day, which include sewing, knitting, card making, jewellery making and drawing. Costumes and scenery for all our performances are made in the centre by our members.



Indoor Games

During 2016/2017 we have equipped the centre with many in door games— snooker, air hockey, table football, pin ball machine and there are other games coming soon:-



Films

We watch all our films/shows on our big screen and have lots of DVD's to choose from and are continuing to add to our collections

Drama

The Odell Centre enjoys taking part in the annual Open Stage Concert, held each Spring at Stourport Civic Centre.

We also pride ourselves on our own drama productions which take many months of rehearsal and preparation and also working with WEA on external drama productions.



Cooking and Baking

Baking sessions are held every Wednesday with a Sweet Treats session and on Fridays where members bake various types of sponge which they can take home. Every year they make the Odell Christmas Cake for the raffle.



Out of Centre Activities

As well as spending time at the Centre we also like to go out and about in the local community and try different activities as this enables us to give our members even more choice as to what they would like to do while they are at the Centre.

The Odell Allotment

In 2017 we were also able to secure two adjacent plots at a nearby allotment site so we now have an outdoor place for our members to go and grow fruit, vegetables and salad that can be used in our kitchen, as well as flowers for our flower arranging sessions.



Fishing

A new activity started in 2017.



We are lucky to work with other professional organisations to be able to provide the following activities

Bowls



Sports



Golf



Archery



Special Visits/Trips

At The Odell Centre we do try and arrange lots of visits from performers, attractions to the centre as well as trips out. We have meetings with our members, where we discuss what they would like to do during the year.

Elvis

We have a number of members who are Elvis enthusiasts and for a special treat we arranged for a professional Elvis Tribute performer to come to the centre for an afternoon concert. We also invited some of our friends to join us to make it extra special.



Magic

Andy's Magic has been into the centre to entertain us with his amazing magic tricks and balloon modelling.



Pearl of Africa Choir

We are very lucky to have visits from the Pearl of Africa Choir (a charity for orphaned children) as part of their fund raising visits to England.



Animal Man

As part of our Christmas Celebrations in December we invited the Animal Man to come into the Centre. Our members were able to get up close and even hold some amazing animals.



Special Visits/Trips

As well as inviting people to visit our members at the Centre we also like to take them out in our minibus. These outings could be anything from shopping in town, trip to the park for a picnic to a day trip to Weston Super Mare or Drayton Manor Park or a trip to the pantomime.



Upton Warren—Sailing



Drayton Manor Park



Wyre Forest Park



Santa Safari—West Midlands Safari Park



Severn Valley Railway



Webbs of Wychbold



What's on Offer



What's on Offer

The Odell Centre's opening times are:-

Monday to Friday

9.00 am—3.00 pm

Members are welcome to either do full days or half days from one half day a week to 5 full days. We try and accommodate the members needs and requirements to when they attend.

Our costs include all of the following:-

Activities both in and out of centre

Trips

Drinks and snacks throughout the day

A 2 course home cooked lunch — We are very proud to have our own kitchen and dining room on site and a marvellous cook who creates healthy home cooked lunches each day for our members.

For up to date costs, and availability please do not hesitate to contact the Manager who will also be happy to arrange a tour and a free taster session.

Please note that we are not a locked door provider and individuals would need to have some level of independence to be able to attend or should be accompanied by a support worker. We are also unable to accommodate individuals with Challenging Behaviour.

The Odell Centre is a place where friendships are formed



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